International Students in the United States: The Current Picture

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International student mobility is a rapidly growing phenomenon worldwide, with over 2.5 million students pursuing higher education outside their home country. Of this large number, over 500,000 students have studied in the United States in each of the past seven years. Although the United States has successfully maintained its status as the leading higher education destination for international students over the past half century, the numbers of these students and the leading countries of origin have varied in response to domestic and international political, economic, and academic factors.

The Institute of International Education (IIE) has collected data on international student enrollment in the United States since 1919 and in the form of the Open Doors survey since 1954/55. Approximately 3,000 regionally accredited US higher education institutions are surveyed annually on various aspects of international educational exchange. This article presents a summary of the key findings from the international student component of the Open Doors 2006: Report on International Educational Exchange.

After several years of minimal growth followed by modest declines (with steeper declines in certain fields and from certain world regions), the number of international students enrolling in US higher education in the 2005/06 academic year stabilized at 564,766—a nonsignificant decline of .05 percent from the previous year. While total international student enrollments remained steady, enrollment by new international students—students enrolling in US higher education for the first time—increased by 8 percent from the previous year.

Where Do They Come From?

While the United States hosts international students from all regions of the world, the majority of the international student population on US campuses (58 percent) came from Asia. In 2005/06, four of the leading 5 and 10 of the leading 20 places of origin were in Asia. Despite a 5 percent decline in numbers of students since the previous year, India remained the leading place of origin for the fifth consecutive year, accounting for 76,503 (14 percent) of all international students. India was followed by China (11 percent), Korea (10 percent), and Japan (7 percent). The only non-Asian country in the top five was Canada. The second-largest region of origin for international students was Europe, followed by Latin America, Africa, North America, and the Middle East. These regional distributions have remained relatively stable since 2002/03.

Who Are They?

In terms of academic level, the majority of international students in the United States are graduate students, as has been the case since 2001/02. In 2005/06, 47 percent were enrolled at the graduate level as compared with 42 percent at the undergraduate level, while 11 percent were enrolled in nondegree or certificate programs or pursuing postdegree “optional practical training.” In addition, while international students overall...
comprise only a small proportion (4 percent) of total US enrollments, international graduate students accounted for 12 percent of the total US graduate student population.

A comparison of Open Doors data over the past 30 years indicates small but significant shifts in the demographic characteristics of international students. In 2005/06, 44 percent of international students in the United States were female, a 13 percent increase from 1976/77, when only a third were female. A larger proportion of international students (86 percent) were single in 2005/06, as compared with 74 percent 30 years ago.

In addition to their academic and cultural contributions to US campuses, international students have a significant impact on the local, state, and national economy. In 2005/06, international students contributed almost $13.5 billion to the US economy through expenditures on tuition, housing, books, fees, and other educational and living expenses. These expenditures are a direct outcome of the fact that nearly three-fourths of international students relied on personal and family funds as their primary source of funding for their higher education in the United States, while 26 percent relied primarily on funds from their US host university (mainly in the form of teaching or research assistantships, often from grants to the university from federal or other sources).

**Where Do They Study?**

While international students study throughout the United States and its territories, they tend to be concentrated in certain regions and states. For example, the metropolitan area of New York City hosted the largest number of international students (9 percent), followed by Los Angeles (6 percent), Boston (4 percent), Washington, DC (3 percent), and Chicago (3 percent). The top 10 metropolitan areas hosted 36 percent of all international students studying in the United States in 2005/06, and the top 20 hosted nearly half (48 percent) of the total, further demonstrating that international students tend to be concentrated in a small number of urban areas. At the state level, California was the leading host, with 75,385 or 13 percent of international students, followed by New York (11 percent), Texas (8 percent), Massachusetts (5 percent), and Florida (5 percent).

As in the case of geographic location, international students also tend to be concentrated in a small group of US institutions. Of the 564,766 international students in the United States in 2005/06, over half (53 percent) were enrolled in just 143 institutions, each of which hosted 1,000 or more international students. Not surprisingly, the top host states are also home to many of the top host institutions.

Myriad reasons explain the concentration of international students in certain US areas and institutions. These factors could include geographic and linguistic affinities to certain regions; gravitation toward areas or institutions where there are students or an immigrant population from their home country; preference for urban and large university towns; and the appeal of a certain institution because of the fields of study or degrees offered.

**What Do They Study?**

The popularity of business and management, and engineering among international students has remained relatively stable for the past five years. Business and management accounted for 18 percent of all international students in 2005/06, while engineering accounted for a further 16 percent. At the other end of the spectrum, agriculture, education, and the humanities were selected by a small proportion of international students (ranging from 1 to 3 percent).

**Future Trends in International Student Enrollment**

Taken together, the two key findings of Open Doors 2006—the stabilizing of total international student enrollment and the increase in new, incoming students—suggest that total international student enrollment in the United States is likely to increase in the near future. These Open Doors findings, supported by similar trend data collected by the Council of Graduate Schools and other surveys, suggest that the United States has not lost its attraction as a destination of choice for international students. US institutions have stepped up recruitment of international students and adjusted their application procedures and admissions timetables to accommodate the lead time needed for visa approval. These university-level efforts have been complemented by the US Department of State’s proactive steps to streamline the visa application and approval process, and to promote the United States as a welcoming place for international students. The results of these efforts by government and academia appear to be turning the tide, as reflected in the most recent Open Doors findings.

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